



Restroom Reader

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**UW
Waukesha
Library**



For each new morning with its light,
For rest and shelter of the night,
For health and food, for love and friends,
For everything Thy goodness sends.
~Ralph Waldo Emerson



Concerts

UW-Waukesha
Lunt-Fontanne Theatre

***November 16 @ 7:30 pm**
UW-W chorus, hand-bell
choir, and Windy Hill Brass
Quartet

***November 20 @ 7:30 pm**
UW-W Symphonic Band

Campus READ activity.

Watch and discuss the film
“Grizzly Man” with Prof.
Tim Dunn leading the
discussion in N133 @ 4pm.

Library Resources related to the Campus Read

- SAS survival handbook : for any climate, in any situation / John "Lofty" Wiseman.
- Driven wild : how the fight against automobiles launched the modern wilderness movement / Paul S. Sutter
- Between a rock and a hard place / Aron Ralston
- Loneliness : human nature and the need for social connection / John T. Cacioppo and William Patrick
- Last child in the woods : saving our children from nature-deficit disorder / Richard Louv
- The curious naturalist : nature's everyday mysteries / Sy Montgomery
- Robinson Crusoe / Daniel Defoe

The Great American Smoke-Out!



**November 19, in the Commons,
outside the Hub**

SLIC will be hosting this event to encourage smokers to kick the habit, or at least quit smoking for the day. By doing this smokers will be taking an important step in a healthier lifestyle.

*Wisconsin government expenditures related to tobacco amount to a hidden tax of \$594 each year on every Wisconsin household.

*Smoking a pack a day will cost you approximately \$2,190 a year.

Having Another Bad Day?

Everyone has an off day once in awhile and can recover from it without too much effort. Sometimes there seem to be too many things piling up on us and we just can't seem to bounce back. Other times, there doesn't seem to be anything really *wrong*, but we just don't feel *right*. Whatever the situation, please know there are services on campus to help you get your bounce back.

Counseling Services are available to students at no charge. The services are confidential and provided by a masters prepared counselor. Appointments can be scheduled with Amy Walker, personal counselor via email (amy.walker@uwc.edu), telephone 262.521.5002, or just stop by the Study Center front desk (W100). Referrals to off campus mental health providers are also available.